



Understanding behaviour viewed as challenging – for care workers

Learning Outcomes and Programme

The learning outcomes for this workshop are mapped to the Skills for Care Qualifications and Credit Framework (QCF) Level 2 Unit DEM201 'Dementia awareness', QCF Level Unit DEM 202 'The person centred approach to the care and support of the individual with dementia', DEM 205 'Understanding the factors that can influence communication and interaction with individuals who have dementia' and Unit DEM 207 'Recognising the impact of diversity, equality and inclusion on the experience of dementia.'

Learning Outcomes:

By the end of this workshop participants will be able to understand:

1. What 'challenging behaviour' is
2. Why an individual with dementia may behave in ways which others find challenging
3. How to use person centred techniques to reduce 'challenging behaviours'
4. How to use person centred techniques to support an individual who is behaving in a manner viewed as 'challenging'.
5. How to apply a person centred approach to supporting individuals who 'self-neglect' - within the legal framework

PROGRAMME

- 09.30 Welcome & Introduction
- 09.45 Group Exercise: exploring what we mean by 'challenging behaviour'
- 10.30 Presentation: defining 'challenging behaviour' in the context of dementia care
- 11.00 Break
- 11.15 Presentation and group discussion: models and approaches to understanding why an individual with dementia may behave in ways which others find challenging.
- 12.45 Lunch
- 13.15 Presentation and pairs exercise: applying the person centred approach to reduce 'challenging behaviours'.
- 14.30 Presentation and Group discussion: Recording, reporting and practice which supports an individual who is behaving in a manner viewed as challenging
- 15.15 Break
- 15.30 Presentation and small group exercise: How to apply a person centred approach to supporting individuals who 'self-neglect' - within the legal framework
- 16.15 Reflection & evaluation
- 16.30 Close