



# Leading practice which promotes the well-being of individuals with dementia

## Learning Outcomes and Programme

The learning outcomes for this workshop are mapped to the Skills for Care Qualifications and Credit Framework Level 5 Unit DEM 501 'Lead and manage practice in dementia care'

### Learning outcomes:

By the end of this workshop the learner will:

- be able to lead practice that promotes the well-being of individuals with dementia

### PROGRAMME

- 09.30 Welcome and introduction
- 09.45 Small Group activity: Action learning – reflecting on the self directed learning activities
- 10.30 Presentation and group discussion: what is 'well-being' – models, approaches and measures of well-being in dementia care
- 11.00 Break
- 11.15 Discussion and video: examining current practice in person centred approaches to life history work
- 11.45 Group exercise: supporting staff to explore the life histories of individuals with dementia and to use this as the foundation for person centred practice
- 12.15 Presentation and exercises: understanding how the physical and social environment impacts on the well-being of an individual with dementia. (To include an 'audit' of the training venue based on an audit tool covering principles of good design in dementia care)
- 13.00 Lunch
- 13.30 Presentation and small group exercise: communication and interaction with individuals with dementia – the do's and don'ts
- 14.00 Person centred communication: supporting staff to engage and interact with individuals with dementia – what are the barriers and how do we overcome them?
- 14.45 Break
- 15.00 Presentation and group exercise: managing the ongoing assessment of the needs of individuals with dementia and supporting staff to contribute to care plans that reflect a person centred approach
- 15.45 Reflection and application of learning: how are you going to use what you have learnt today to lead practice that promotes the well-being of individuals with dementia
- 16.15 Self directed learning activities and Evaluation
- 16.30 Close